

DEMENTIA CAREGIVER RESOURCES, INC.

THE DEMENTIA DETAILS DISPATCH AUGUST 2024

Karen Truman, PhD, President and Jeff Truman, MS Ed, Director

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<http://www.dcrinc.org/>

SUPPORT GROUPS

Join us to find solutions & comfort in **knowing you are not alone** on this dementia journey.



ARAVILLA Clearwater

→ **Tuesday August 13th 1:30- 2:45PM**

3055 Union St. (727) **260-2826**

A.murphy@aravillaclearwater.com



The INN at FREEDOM SQUARE

→ **Wednesday August 14th 1:30PM-3PM**

10801 Johnson Blvd. - Seminole 33772

Eric Kane (727) **398-0363**

kaneeric@freedomsquarefl.com

→ *Due to major construction at The Oaks, we will resume that group in the fall.*

CARING for AGING PARENTS and SICK SPOUSES KEEPS MILLIONS OUT of WORK

Four times as many Americans are out of work taking care of adult family members than those who stopped working to care for children during the pandemic.

Caregivers of elderly loved ones face heavy emotional, physical, financial toll

Hypervigilance often comes with the job for the almost **18-million** Americans who care for older and disabled family members. So does stress, anxiety and long-term harm to the caregivers' physical and financial health. In recent years, the work of caregiving has been lasting longer and becoming more complicated — and as America's population ages and becomes more disabled, many more of us will be taking it on.



The Law Offices of Sean W. Scott

EDUCATIONAL EMPOWERMENT:

Understanding Medicaid Eligibility: Get the facts. The seminars provide in-depth information on Medicaid eligibility criteria, including income and asset limits. Attendees learn what is considered "countable" and "exempt" assets, gaining clarity on how Medicaid assesses their financial situation.

→ Friday August 2nd **Largo** Library 2:30-4:30PM

→ Monday August 5th **Seminole** Lib. 2-4 PM

→ Tuesday August 6th **Palm Harbor** Lib. 2-4 PM

For a free consult, call: (727)**539-0181**

<http://www.virtuallawoffice.com/>



HURRICANE EVACUATIONS and ASSISTED LIVING RESIDENTS

Recent years have seen an increase in the intensity of hurricanes, prompting critical examination of emergency response decisions in long-term care settings. This is especially important for older adults living in assisted living (AL) and nursing home communities, who face heightened risks of morbidity and mortality during natural disasters.

Read more on this link:

<https://sph.brown.edu/news/2024-05-21/assisted-living-evacuation-hurricane-irma>

Light for the Journey - Courage for the Soul

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A copy of the official registration and financial information for Dementia Caregiver Resources, Inc., a Florida-based nonprofit corporation (registration no. CH8538), may be obtained from the division of consumer services by calling toll-free 1-800-help-fla (435-7352) within the state or visiting their website [here](http://www.dcrinc.org/). Registration does not imply endorsement, approval, or recommendation by the state.

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MENTAL HEALTH and ALZHEIMER'S

A new study found that the pathology behind Alzheimer's Disease (AD) may be a direct reason for emotional and behavioral symptoms. Researchers discovered that often when individuals with AD experience decline in memory and thinking abilities, their mental health tends to be worse. Mental health symptoms in persons with AD are a serious concern, as they can have a significant impact on the patient and their family's quality of life. Importantly, these symptoms might emerge before thinking and memory problems begin, so it is important that we get a better understanding of the triggers that cause these earlier symptoms so that health care providers can better manage them.

A person with Alzheimer's disease can exhibit rapidly changing mood swings from being calm, then fearful and then aggressive. They may become suspicious, confused, tearful, and then all of a sudden out of control. Always check for a urinary tract infection (UTI) – this can be a huge issue as our Loved Ones do not drink enough water. The most common types of behavioral triggers in dementia patients are:

- **Confusion**
- **Pain and/or discomfort**
- **A Changing or over-stimulating environment**

Better Living for Seniors is doing this event to give caregivers the latest information:

IT TAKES A VILLAGE CAREGIVER EXPO

September 12, 2024 – 4:00pm-6:00pm

Cypress Palms - 400 Lake Ave. NE – Largo

For more info, contact:

Colette Florido - Mobile (630)841-7355

Colette@ComeCRWorld.com

LynnMarie Boltze – (813)625-8734

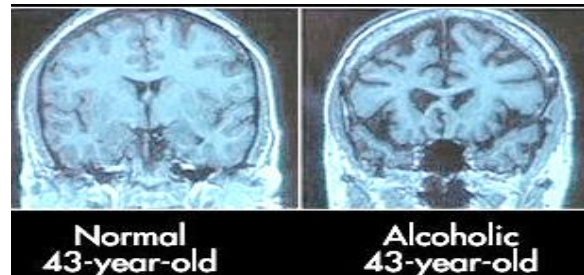
LynnMarieGuardian@gmail.com



PROBLEM: YOU TEND TO FORGET NAMES, APPOINTMENTS, PINS, & PASSWORDS

Take heart—the brain wasn't designed to store such data for a long time unless you make a concerted effort to do so.

Memories often have a short shelf life and can include historical dates, addresses, and birthdays. Forgetting part of an experience is normal. Forgetting the whole experience *could be a sign of dementia.*



Alcohol and Dementia

Alcohol Abuse can completely destroy lives. Not only does it lead to severe health and social problems, but it can even take away the individual's ability to function mentally. One of the most disturbing outcomes of chronic alcohol abuse is alcoholic dementia. It is similar to Alzheimer's disease as it impacts memory and cognitive ability. Once the individual has progressed to this state there may be little that can be done to reverse it. Drink responsibly and sparingly. It can make a huge difference in your future.

Your donations make all the difference!

WE ALWAYS NEED USED INK CARTRIDGES



♥ 27+ years of assisting caregivers ♥

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