

DEMENTIA CAREGIVER RESOURCES, INC.

THE DEMENTIA DETAILS DISPATCH FEBRUARY 2025

Karen Truman, PhD, President and Jeff Truman, MS Ed, Director

drkaren@bookofhope.us

<http://www.dcrinc.org/>

SUPPORT GROUPS

JUST KNOW you are **not** alone.



Room # 607

→ Monday February 10th - 2:30 - 3:45PM

420 Bay Ave. Clearwater (727)445-4788

Anita M. actdir@clearwateroaks.org



ARAVILLA Clearwater

→ Tuesday February 11th - 1:30 - 2:45PM

3055 Union St. 33759 (727)260-2826

A.murphy@aravillaclearwater.com



The INN at FREEDOM SQUARE (3rd Floor)

→ Wednesday February 12th - 1:30PM-3PM

10801 Johnson Blvd. - Seminole 33772

(727)398-0363

Jill Keilman keilmanjill@freedomsquarefl.com



Studies have shown that people who have macular degeneration, glaucoma or diabetic retinopathy are more likely to be diagnosed with Alzheimer's disease. It's common for people with dementia to **stare blankly at a wall or into the void as if distracted**. They may also seem to avoid eye contact. This is often referred to as "glassy eyes" or "glazed eyes," though it may have other causes. Dementia develops from the degeneration of neurons (brain cells) or changes in how neurons function, resulting in cognitive loss. Dementia does not affect the eyes themselves, but it can affect how the brain processes visual information or adjusts the field of vision.



MEDICARE and MEDICAID

Do you need help managing dual eligibility (Medicare and Medicaid) or setting up an asset protection trust? Our elder law experts are ready to help you navigate these complex issues. Reach out now to learn more about our services.

FREE Medicaid SEMINARS at these Libraries

Monday Feb. 3rd Seminole 2:00PM

Tuesday Feb. 4th Palm Harbor 2:00PM

Friday Feb. 7th Largo 2:30PM

For a free consultation, call: (727)539-0181

<http://www.virtuallawoffice.com/>



AFA's Educating America Tour

connects communities across the country with information about Alzheimer's disease, brain health, caregiving and more. Each tour stop provides a free concepts in care educational conference to the community where participants can learn from local and national experts and ask questions about topics such as:

- Healthcare
- Caregiving
- Elder law
- Advance planning
- The latest developments in Alzheimer's research...And much, much more!

<https://alzfdn.org/tour/>

Alzheimer's Foundation of America

322 Eighth Avenue, 16TH Floor

New York, NY 10001

Phone: (866)232-8484 E-mail: info@alzfdn.org

☞ Sign up for AFA's FREE Alzheimer's Today Magazine:

<https://alzfdn.org/media-center/alztoday/>

Light for the Journey - Courage for the Soul

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A copy of the official registration and financial information for Dementia Caregiver Resources, Inc., a Florida-based nonprofit corporation (registration no. CH8538), may be obtained from the division of consumer services by calling toll-free 1-800-help-fla (435-7352) within the state or visiting their website [here](http://www.dcrinc.org/). Registration does not imply endorsement, approval, or recommendation by the state.

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The POWER of RED

Make mealtime easier for those with arthritis, tremors, dementia or adaptive issues. Feeding can be difficult for caregivers as the disease process progresses, and their loved one loses their ability to not only feed themselves but also communicate what they want often greatly diminishes. As hand and eye coordination becomes impaired, caregivers can encourage the use of adapted dining aids to allow users to be able to feed themselves as much as possible. Cups with lids, and plates with divisions that suction to the table and won't flip over, spoons and forks that are larger in size are all helpful adapted dining aids. Your loved one can maintain more independence for a longer time by using these adapted aids.

<https://www.google.com/search?q=amazon+adaptive+eating+utensils>



A good night's sleep does more than just help you feel rested--it might literally clear your mind. A new study shows how deep sleep may wash away waste buildup in the brain during waking hours, an essential process for maintaining brain health. The findings also offer insights into how sleep aids may disrupt the 'brainwashing' system, potentially affecting cognitive function in the long run.

<https://www.sciencedaily.com/releases/2025/01/250108143735.htm>



Internal Revenue Service

Some memory care expenses and out-of-pocket medical expenses — like prescriptions and on-site nursing services — for a loved one with dementia are tax deductible. Meals and lodging at a memory care facility may also be tax deductible if an individual with dementia meets the IRS' eligibility requirements. The medical portion of *assisted living* is tax deductible if the expenses are more than 7.5% of your adjusted gross income.

Visit: <https://www.irs.gov/>



We tailor our 3-step process to match your loved ones with the ideal Senior Living setting.

1. SORTING. 2. MATCHING. 3. BIG PICTURE.

COST FREE – STRESS FREE

TRACI GEROLSTEIN - Family Support Advocate
(404) 519-1325 traci@serving-seniors.com

Your donations make all the difference!
WE ALWAYS NEED USED INK CARTRIDGES



♥ 28+ years of assisting caregivers ♥

DEMENTIA CAREGIVER RESOURCES, INC.

P.O. Box 7677 - Seminole, Florida 33775



Happy Valentines' Day

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