

# DEMENTIA CAREGIVER RESOURCES, INC.

## THE DEMENTIA DETAILS DISPATCH MAY 2024

Karen Truman, PhD, President and Jeff Truman, MS Ed, Director

[drkaren@bookofhope.us](mailto:drkaren@bookofhope.us)

<http://www.dcrinc.org/>

### SUPPORT GROUPS

Join us to find solutions & comfort in **knowing you are not alone** on this dementia journey.



**The INN at FREEDOM SQUARE**

→ **Wednesday May 8<sup>th</sup> 1:30PM-3PM**

10801 Johnson Blvd. - Seminole 33772

Eric Kane (727) 398-0363

[kaneeric@freedomsquarefl.com](mailto:kaneeric@freedomsquarefl.com)



→ **Wednesday May 8<sup>th</sup> 4:15-5:30PM**

901 Seminole Blvd. Largo 33770

Ali (727) 585-5900

[marketingcounselor3@barringtonsl.com](mailto:marketingcounselor3@barringtonsl.com)



**The OAKS of Clearwater**

→ **Monday May 13<sup>th</sup> 3:30-4:30PM**

420 Bay Ave. (727) 445-4788

Anita M. [actdir@clearwateroaks.org](mailto:actdir@clearwateroaks.org)



**ARAVILLA Clearwater**

→ **Tuesday May 14<sup>th</sup> 1:30- 2:45PM**

3055 Union St. (727) 260-2826

[A.murphy@aravillaclearwater.com](mailto:A.murphy@aravillaclearwater.com)

### The Alzheimer's Foundation of America

continues to do a **CAPITOL REPORT** in their *Alzheimer's Today Magazine* on what is going on in Washington D.C. for legislative policies, new funding for Alzheimer's research, and the Connecting Caregivers to Medicare Act which would make it easier for family caregivers to get the information they need to maximize their Medicare coverage benefits. For more information, visit: [www.alzfdn.org](http://www.alzfdn.org)



### The Law Offices of Sean W. Scott

Sean has a brand-new brochure that is full of really important information, and why you need to get your pre-planning documents updated. He explains how to avoid getting wiped out financially by the high cost of long-term care.

Attend a free seminar:

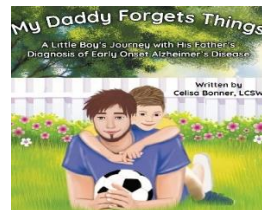
Friday **May 3<sup>rd</sup> Largo** Library 2:30-4:30

Monday **May 6<sup>th</sup> Seminole** Library 2:00-4:00

Tuesday **May 7<sup>th</sup> Palm Harbor** Library 2:00-4:00

For a free consult, call: (727)539-0181

<http://www.virtuallawoffice.com/>



### My Daddy Forgets Things

Children may not be familiar with Alzheimer's disease, especially if their grandparents have normal aging. But what if a parent is diagnosed with early-onset Alzheimer's disease? Celisa writes a heartwarming story about a little boy's journey in learning about his father's diagnosis. Even though his father does not look sick, he has a disease in his brain that medication cannot heal. As you share this story with young children, they will learn that even though their parents may forget things, they will always love them. This story is a reminder that when a family supports and loves one another, they are able to get through a difficult time.

**Celisa Bonner, LCSW** MADONNA PTAK CENTER FOR ALZHEIMER'S RESEARCH AND MEMORY DISORDERS CLINIC AT MORTON PLANT HOSPITAL

<https://www.amazon.com/Daddy-Forgets-Things-Early-Onset-Alzheimers-ebook/dp/BOCYVBMPFN>

*Light for the Journey - Courage for the Soul*

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A copy of the official registration and financial information for Dementia Caregiver Resources, Inc., a Florida-based nonprofit corporation (registration no. CH8538), may be obtained from the division of consumer services by calling toll-free 1-800-help-fla (435-7352) within the state or visiting their website [here](http://www.dcrinc.org/). Registration does not imply endorsement, approval, or recommendation by the state.

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## ALONE and SAD

One of the biggest issues we have seen over the years in working with families who have a Loved One diagnosed with a dementia, is the loneliness. Suddenly or slowly, there is a decline in cognitive functions and that person is no longer the same. They are not able to do simple tasks, may start wandering, or cannot be left alone. So now we have to start making new plans to ensure we have a break to socialize and our Loved One is safe. There are many kinds of classes, senior centers, adult day care centers, dining sites, and veterans' programs. We often have to get out of our comfort zones and seek services and places to meet our new way of life, to make new friends, to help us understand that things will not be the 'way they were' and to give ourselves permission to join a new group to laugh again and to share stories. There is a term called "Married Widow/Widower". This is a different way of life for most. But the most important takeaway is that even if the well-spouse starts to date – (usually a very difficult and thought-provoking decision), he or she will not abandon their spouse who is now in long-term care. They will continue to make sure their needs are being met, and visit, and fully take care of legal and financial matters. Sometimes it is the children of that relationship that object to mom or dad seeing someone. But they are not experiencing the loneliness and depression that can occur. Joining a support group can offer a non-judgmental setting and validation that you are caring for your own mental health during some very difficult years. Dementia can take away so much, but it also teaches us compassion, wisdom and gives us the opportunity to look at things from an unexpected perspective.



"SAGES" (Senior Actors Guild & Education Services) is a nonprofit, touring community theater company that celebrates positive aging by presenting original "Plays with Purpose" to the public for free. SAGES partners with first responders and community leaders to raise awareness on safety issues like fall prevention, stopping scams, impaired driving, and memory loss. Sages will be presenting these plays in May in Largo, Pinellas Park and St. Petersburg. Visit the website for more information on how to get FREE tickets! <https://sagestheater.org/>



May 7, 8 & 9 2024



## Connecting Caregivers Conference

Where You Can Find Help and Hope

Linda Burhans is doing her **free** virtual three-day conference again in May. Register today! <https://connectingcaregiversconference.com/register/>

😊 Did you know that for those who may be **traveling with their loved one who has dementia** or any disability, most airlines offer escort assistance. **JetBlue offers escort assistance** from the ticket counter to the gate upon departure and arrival gate to baggage claim, pickup, or ground transportation, upon request.

**Your donations make all the difference!**  
**WE ALWAYS NEED USED INK CARTRIDGES**



♥ 27+ years of assisting caregivers ♥  
**DEMENTIA CAREGIVER RESOURCES, INC.**  
**P.O. Box 7677 - Seminole, Florida 33775**

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